

EXTRA-CURRICULAR

Sports and Extra Curricular Activities

Sport is an integral part of life at the CBS, and we have enjoyed prolific success on the playing field.

We encourage each student to be physically active in some way, and offer a wide range of sports such as Gaelic football, Hurling, Rugby, Soccer, Athletics, Basketball, Swimming, Golf, Handball, Archery, Cycling and Kayaking.

In addition, there is a rich extra-curricular life within the CBS, and we offer such activities as drama, public speaking, music, poetry and music workshops amongst many others. All of these help students to boost their confidence by showcasing their talents in front of their peers, and to a wider audience.



Sport: Gaelic football, Hurling, Rugby, Soccer, Athletics, Basketball, Swimming, Golf, Handball, Archery, Cycling, Kayaking.

Speech & Drama Plays: Participation in Musicals and Drama, Publics Speaking, Debating, Song and Drama Workshops, Poetry Recitals.

Art Students participate in numerous art competitions, including Junk Kouture.

Music is offered as a subject outside of school and we have a school choir and a trad group.

Charity Students are involved in many fundraisers both nationally and locally, helping them to become engaged members of their community and teaching them the importance of helping others.

General Subject Competitions and Quizzes to mark events such as National Maths Week and National Science Week. We also hold an International Food Day in which students research, cook and sell food from various countries. Our annual Scifest event is hugely popular event which allows students to demonstrate their science skills.

Projects and Competitions Maths Olympiad, Young Scientist, Art Competitions, Debating & Public Speaking Competitions

Office Teams has become an integral part of the school's new blended learning policy with students using books, copies and digital material in the classroom and at home. The school's WIFI network has also been significantly upgraded over the summer to ensure that this can take place seamlessly.



Technology in the CBS

The CBS has invested heavily in ICT over the past months and years—particularly in the school's Virtual Learning Platform Office Teams. Students can use the network to access all class work and homework, as well as upload their own material and work in real time in collaboration with their classmates and teachers. This has revolutionised the way teaching and learning takes place within the school, and when combined with traditional methods, it ensures that students never need to miss out on class time, despite their location.